

THE REGIONAL MEN'S HEALTH INITIATIVE

Quarterly News

July to September 2016

News Topic: Launch of the Men's Sexual Wellbeing Video

Our **Men's Sexual Wellbeing** video was launched on the 29th July. The Regional Men's Health Initiative's perspective is that men's sexual wellbeing encapsulates all factors around the male reproductive system and is made up of:-

1. the physical bits - our reproductive anatomy; and
2. psycho-social aspects.

This video adds to our educational tools to use with our educational session "men's sexual wellbeing" in this important area of men's health and wellbeing. The video is proving to be popular with all those that come in contact with it. Thanks once again to the participants, Ross & Jodie Ditchburn, Steve Carr, Daniel Tobias, Jo Milios and the Newby Blues who tell their powerful stories on it. Encouraging men to talk about sexual wellbeing will empower men to seek treatment and support, and improve their quality of life.

Highlights from the activities in the quarter with RMHI staff in attendance:

Snapshot of Events:

- Bunbury – Presentation/Fast Track Pit Stop – Livestock Rural Transport Association Conference – 01/07 to 02/07
- Kununurra – Fast Track Pit Stop – Agricultural Show – 08/07 to 09/07
- Carnarvon – Presentations x 4 – Shire of Carnarvon – 12/07 to 13/07
- Perth – Presentation – AG Connect WA Conference – 04/07
- Bunbury – Presentations x 6 – South West Football League 24/07
- Karratha – Fast Track Pit Stop – FeNaCING Festival – 30/07 to 31/07
- Mt Barker – Presentation/Fast Track Pit Stop – Aglime WA Golf State Sand Greens 05/08
- Mingenew – Fast Track Pit Stop – Lions Midwest Expo – 10/08 to 11/08
- Merredin – Presentation – Men's Shed Pizza Night – 11/08
- Dowerin – Fast Track Pit Stop – GWN Machinery Field Days – 24/08 to 25/08
- Perenjori – Presentation – Perenjori CRC - Progression Planning – 30/08
- Chapman Valley – Fast Track Pit Stop – Agricultural Show – 03/09
- Newdegate – Fast Track Pit Stop – Machinery Field Days – 07/09 to 08/09
- Northam – Presentation/Trade Display – Northam Race Club - RUOK Race Day 08/09
- Jerramungup – Presentation – FBG Biosphere Spring Field Day – 20/09

Advocacy: General and Support – 415

Owen and the Team at RMHI

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