

# THE REGIONAL MEN'S HEALTH INITIATIVE

## Quarterly News

January to March 2019

### News Topic:

#### Western Australian Men's Health and Wellbeing Policy (Launch in June 2019).

RMHI has had a continuing and active role (18 months) on the "Men's Health and Wellbeing Policy Reference Group" representing males living in regional, rural and remote areas. This policy development represents a roadmap for healthier Western Australian men and boys. The final draft of the WA Men's Health and Wellbeing Policy is before the Minister and will be launched during Men's health Week 10-16<sup>th</sup> June 2019. Once we know details, they will be put up on our web site.

### Highlights from the activities in the Quarter with RMHI staff in attendance

#### Snapshot of Events:

- Mount Barker – Presentation & Pit Stop – Gate 2 Plate Challenge Open Day - 12/01
- Albany – Pit Stop – Landmark Blue-Ribbon Bull & Breeder Sales – 15/01
- Boyup Brook – Presentation – Red Card Fox Shoot – Community – 10/02
- Bruce Rock – Presentation – Men's Appreciation Dinner – 13/02
- Gnowangerup – Pit Stop – Community Summer Fair – 16/02
- Brunswick Junction – Presentation & Pit Stop – 21/02
- Geraldton – Presentation – MEEDAC Community Expo – 27/02
- Lancelin – Presentation & Pit Stop – Aglime Quarry – 27/02 & 28/02
- Mandurah – Presentation – Mitchells Livestock Transport Dinner – 02/03
- Wagin – Pit Stop – Wagin Woolorama – 08/03 & 09/03
- Bencubbin – Presentation – Red Card Fox Shoot – Community – 09/03
- Coorow – Presentation – Men's Night – Community – 13/03
- Bunbury – Presentation – Dad's Breakfast Coinda Primary School – 15/03
- Albany – Presentation – Chamber of Commerce 18/03
- Scaddan – Presentation – Community Bowls Night – 21/03
- Gingin – Presentations – Workplace Health & Wellness Program – 25/03 & 29/03
- Esperance – Presentation – Men's Shed Event – 29/03

**Advocacy:** General and Support – 412

To find out more visit [www.regionalmenshealth.com.au](http://www.regionalmenshealth.com.au)

Owen and the Team at RMHI

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