

THE REGIONAL MEN'S HEALTH INITIATIVE

Quarterly Newsletter

April to June 2019

News Topics:

Talk to a Mate!! Mens Wellbeing Round (7th, 8th and 9th June 2019)

This is the sixth year that RMHI has sponsored this Round. The RMHI Team attended football games in the following football leagues - Great Southern, West Kimberley, Avon, Goldfields, Gascoyne and Central Midlands. There was a strong buy-in by the grassroots football communities to this important message, we had direct contact to some 1313 participants.

Western Australian Men's Health and Wellbeing Policy (launched 10th June 2019)

RMHI has been an active member (18 months) with the "Men's Health and Wellbeing Policy Reference Group" representing males living in regional, rural and remote areas. This policy development represents a roadmap for healthier Western Australian men and boys.

The Men's Health and Wellbeing Policy was launched by the Health Minister, Roger Cook on Monday the 10th June and subsequently at five other locations across the State. The RMHI Team attended and spoke at three launch events that week at Bidyadanga (Kimberley), Wyalkatchem and Yanchep.

Highlights from the activities in the Quarter with RMHI staff in attendance

Snapshot of Events:

- Kalgoorlie – Presentation – Men's Mental Health Day – TAFE – 08/04
- Balingup – Fast Track Pit Stop – Small Farm Field Day – Community – 06/04
- Williams – Fast Track Pit Stop – Gateway Expo – Community – 13/04
- Harvey – Fast Track Pit Stop – Agricultural Show – Community – 27/04
- Wongan Hills – Fast Track Pit Stop – Health and Wellbeing Community Event – 18/05
- Carnarvon – Presentation – Football Club – 23/05
- Albany – Presentation – Harvey Beef Gate 2 Plate Challenge – 24/05
- Exmouth – Fast Track Pit Stop – Ningaloo Whaleshark Festival – 25/05
- Esperance – Presentation – Blokes Night – 30/05
- Broome – Presentations – Talk to a Mate Round – Football Clubs – 06 & 07/06
- Kambalda – Presentations – Talk to a Mate Round – Football Clubs – 06 & 07/06
- Albany – Presentations – Talk to a Mate Round – Football Clubs – 07 & 08/06
- Bidyadanga – Presentation – Launch of Men's Health & Wellbeing Policy – 10/06
- Wyalkatchem – Presentation – Launch of Men's Health & Wellbeing Policy 11/06
- Kalgoorlie – Fast Track Pit Stop – Men's Health Golf Day – Community – 14/06
- Karratha – Presentations – Men's Health Week – Community - 16 & 18/06
- Moora – Presentation – Rural Bronze Women's Golf Event – 28/06

Advocacy: General and Support – 480

To find out more visit www.regionalmenshealth.com.au

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