

THE REGIONAL MEN'S HEALTH INITIATIVE

Quarterly Newsletter

January to March 2020

News Topics: Working with Warriors® podcast series

The COVID-19 pandemic has given us the time and opportunity to create a Working with Warriors® podcast series. The podcasts will consist of a series of short (approx. 10 to 15 minute) podcasts based on a conversation around our Working with Warriors® education sessions.

This idea has been sitting on the backburner for a couple of years. It will add to RMHI's range/suite of educational products. It will help expand our audience through another medium and may also help attract a new F2F audience. The Team will develop the podcast series in-house. It is planned to have a virtual launch in June to coincide with Men's Health Week (15th to 21st June) for the first 6 podcasts. The podcast series will be an ongoing production going forward.

Highlights from the activities in the Quarter with RMHI staff in attendance

Snapshot of Events:

- Mt Barker – Presentation & Trade Display – Gate 2 Plate Challenge – 11/01
- Moora – Presentation – RSM Australia Seasonal Update – 12/02
- Australind – Presentations (2) & Trade Display – 20/02
- Kojonup – Presentation – Red Card for Rabbits & Foxes – 22/02
- Manning – Presentation & Trade Display – Country Week Bowls – Welcome 4s – 27/02
- Gnowangerup – Fast Track Pit Stop – Summer Fair – 22/03
- Bunbury – Trade Display – Suicide Prevention Coordinators Training – 20/02
- Katanning – Presentation – DPIRD farmer and firefighter morning tea – 04/03
- Northam – Presentation – Wanslea Family Services – 'Real Dads' 04/03 & 18/03
- Wagin – Fast Track Pit Stop – Woolorama – 6th & 7th March
- Landsdale – Presentation & Fast Track Pit Stop – Northern Suburbs Mens Shed – 09/03
- Bencubbin – Fast Track Pit Stop – Mt Marshall Show – 14/03
- Toodyay – Trade Display – Black Dog Ride Australia – 15/03
- Bruce Rock – Presentation, Trade Display & Fast Track Pit Stop – Lads Luncheon – 21/03
- Williams – Presentation – Red Card for Rabbits & Foxes 22/03

Advocacy: General and Support – 443

To find out more visit www.regionalmenshealth.com.au

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