

# THE REGIONAL MEN'S HEALTH INITIATIVE

## Quarterly Newsletter

April to June 2020

### News Topics:

#### Regional Men's Health Initiative receives 4-year funding

As part of a budget announcement on Friday the 22<sup>nd</sup> May, the RMHI was funded for 4 years (2020/2021 to 2023/2024). \$3.2 million was allocated ensuring the successful men's health and wellbeing program can continue to operate in regional and rural communities. The Premier, Mark McGowan, said *'This Royalties for Regions investment will ensure that vital programs can continue to be delivered across regional WA'*.

#### Working with Warriors® podcast series

The RMHI Working with Warriors® podcast series, consisting of a series of short podcasts based on a conversation around our Working with Warriors® education sessions, were virtually launched on Friday the 19<sup>th</sup> June as part of Men's Health Week. The podcast series will be ongoing. To access the podcast please use the following link:

<https://regionalmenshealth.com.au/podcasts/> and/or simply search for 'Working with Warriors®' in your favourite podcast app.

#### COVID-19 Pandemic

WMH Inc. delivering the RMHI continues to operate on a 'business as usual' basis, however our bottoms up model of community engagement has been significantly challenged. The landscape is continuing to change day-by-day with COVID-19 and we are continuing to adapt our plans accordingly. On top of our statistics outlined above for this Quarter we had 26 community events cancelled with potentially 5570 participants expected to attend, this included our WACFL sponsored 'Talk to a Mate!! Men's Wellbeing Round' on the 20th June. Local communities are continuing to support each other through this challenging time, but hopefully the worst is behind us and communities can begin to re-connect.

### Highlights from the activities in the Quarter with RMHI staff in attendance

#### Snapshot of Events:

- Northam – Presentation & FTPS – Specialised Tree Service – 04/05
- Perth – Presentation (via zoom) – Subiaco Football Club (coaches) – 04/05
- Perth/State – Presentation (via zoom) – Men's Sheds of WA (shed members) – 12/05
- Melbourne/National – Presentation (zoom) – Australian Men's Health Forum – 04/06
- Nokaning – Presentation – X-Road Breakfast (farming community) – 9/06
- Perth/State – Presentation (via zoom) – Pfizer Global Supply – 15/06
- Morawa – Presentation – Talk to a Mate post seeding night (farming community) 17/06
- Busselton – Presentation – The Man Walk Busselton – 29/06

**Advocacy:** General and Support – 535

To find out more visit [www.regionalmenshealth.com.au](http://www.regionalmenshealth.com.au)

Owen and the Team at RMHI

Telephone: (08) 9690 2277

Email: [menshealth@4blokes.com.au](mailto:menshealth@4blokes.com.au)

Web: [www.regionalmenshealth.com.au](http://www.regionalmenshealth.com.au)

