

# THE REGIONAL MEN'S HEALTH INITIATIVE

## Quarterly Newsletter

July to September 2020

### News Topics:

#### Working with Warriors® podcast series

To access our new podcast series, please use the following link:

<https://regionalmenshealth.com.au/podcasts/> and/or simply search for “Working with Warriors®” in your favourite podcast app.

#### Talk to a Mate!!® Men's Wellbeing Round 2020

Due to COVID-19, 14 country leagues out of the 25 had a football season of sorts with some leagues going ahead without all the teams participating. A good result for all those that participated. This year, the timing of our sponsored “Talk to a Mate!!® Men's Wellbeing Round” was at the discretion of the individual leagues. The clubs received branded game day footballs along with our new A5 advertising clip frame, magnets and information packs. This is the 7<sup>th</sup> and final year of our current contract with the WACFL.

### Highlights from the activities in the Quarter with RMHI staff in attendance

#### Snapshot of Events:

- Albany – Presentation – Gate 2 Plate Challenge – 03/07
- Busselton – Presentation – The Man Walk Busselton – 27/07
- Salmon Gums – Presentation – North Mallee Farm Improvement Group 30/07
- Exmouth Bullara Station – Presentation – Campers, Banter & Damper 11/08
- Swan Valley – Presentation – CBH's Grain Protection Conference – 19/08
- Broome – Presentation – MOSAC Team – 17/8
- Fitzroy Crossing – Trade Display – Northern Rural Bull Sale – 21/08
- Kukerin – Presentation – Farmer Field Day & Men's Mental Health – 26/08
- Bunbury – Presentation & Trade Displays – SWFL “Talk to a Mate Round” 05 & 06/9
- King River – Presentation – Golf WA - Aglime State Sand Greens Championships 10/09
- Latham – Trade Display – Liebe Group Spring Field Day – 10/09
- Esperance – Presentation & Pit Stop – Men's Health Golf Day – 11/09
- Kalgoorlie – Presentation & Pit Stop – Mens Health Golf Day – 18/09
- Moora – Trade Display – Agricultural Show – 19/09
- Geraldton – Presentation – Water Corporation – 23/09

**Advocacy:** General and Support – 446

To find out more visit [www.regionalmenshealth.com.au](http://www.regionalmenshealth.com.au)

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